

# Compassion

Love and compassion are necessities, not luxuries.

The purpose of human life is to serve and show compassion.

Our compassion is simply a response to the love that God has already shown us.

If you want to be happy, practice compassion.

True compassion means not only feeling another's pain but also being moved to help relieve it.

*'Come to Me, all who are weary and heavy-laden, and I will give you rest.'*

*Matthew 11:28-30*

